



Clinical Programming

Every team member is hand selected and every detail of the facility is designed with the psychological impact and effects considered in the development of DreamLife Recovery. The therapeutic recovery curriculum is built with every consideration of best practices to deliver optimal experiences for each individual. Our team delivers a treatment plan for wellness starting from the very first day of treatment.

**Individual
Therapy**

**Group
Therapy**

**Life
Skills**

THERAPIES

SAMPLE DAILY SCHEDULE

**Examples indicated below may not be reflective of availability, including seasonal therapies such as Equine Therapy.*

MORNING	AFTERNOON	EVENING
Meditation	Expressive Arts Group	DBT
12 Step Group	CBT	Outside Meeting
Equine Therapy	Recovery Group	Independent Study

- **Adventure Therapy**
- **CBT Therapy**
- **Biopsychosocial Evaluation**
- **DBT Therapy**
- **EMDR Therapy**
- **Equine Therapy**
- **Faith-Based Programming**
- **Family Therapy/Program**
- **Group Therapy**
- **Holistic Therapies**
- **Individual Therapy**
- **MAT**
- **Meditation**
- **Psychotherapy**
- **Psychiatric Evaluation**
- **Reiki Therapy**
- **Relapse Prevention**
- **Smart Recovery™**
- **Twelve-Step Support**
- **Yoga Therapy**

An Addiction Treatment Facility

For **IMMEDIATE** assistance contact
Admissions
Toll-Free at **1-833-330-5433** or
Intake@dreamliferecovery.com

www.dreamliferecovery.com

