



DreamLife

RECOVERY

AN ADDICTION TREATMENT FACILITY

GET THE HELP YOU NEED TODAY



DREAMLIFERECOVERY.COM | OPEN 24 HOURS | 833-330-5433

THIS IS  
**DREAMLIFE  
RECOVERY**

Nestled in the mountains of Western Pennsylvania, our facility sets the standard for solution-based recovery in adult addiction treatment. We offer varied levels of care in order to meet the needs of every individual:





The new standard in real, lasting,  
evidence-based addiction treatment.

# OUR MISSION & PHILOSOPHY

At **DreamLife Recovery**, our goal is to guide our clients as they develop effective strategies to maintain abstinence from drugs and alcohol, and prepare them to live a **happy, productive life** when they leave our facility.

Our philosophy stems from using the best practices of eastern spirituality, the original 12-step model, and modern evidence-based therapies. Using the best of each, we offer a comprehensive treatment program. Clients benefit from an integrative experience that prepares them for a **happy and productive life in sobriety.**



# THE SOLUTIONS



## CLINICAL PROGRAMMING

Every team member is hand selected and every detail of the facility is designed with the psychological impact and effects considered in the development and design of DreamLife Recovery. The therapeutic recovery curriculum is built with every consideration of best practices to deliver optimal experiences for each individual. Our team delivers a truly individualized treatment plan for wellness starting from the very first day of treatment.

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## INDIVIDUAL EVALUATIONS

Within three days of arriving, your dedicated treatment team will meet to discuss your individual circumstances and present a recommended treatment and recovery plan. Part of providing each individual with the care they need is based on initial and continuing assessments. These assessments aid in creating each individual's comprehensive treatment plan, and determine appropriate treatment at each level of care.





#### SERVICES PROVIDED:

- › Chemical dependency assessment and evaluation
- › Denial groups
- › Psychiatric evaluation and care
- › Life skills groups
- › Biopsychosocial evaluation
- › Recovery skills group
- › Individual treatment planning
- › Mental health groups
- › Intensive individual therapy
- › Trauma groups
- › Art therapy
- › Spirituality/meditation groups
- › Recreation & equine therapy
- › ADL groups
- › Immersive family programming sessions
- › Case management and aftercare planning services
- › Relapse prevention groups
- › Group therapy



# THE TEAM

Each member of our treatment team has been selected because of their excellence in attaining the best results in their therapeutic treatment specialty. All of our staff are licensed and credentialed at the masters and doctoral level, but what really matters to our clients most is the level of empathy and understanding they bring to every interaction.

As a team, we are here to welcome you in and make you feel safe. In clinical as well as social settings, our goal is to get to know your story and individual needs and make a plan with you to get you to where you want to be.

## YOUR TREATMENT TEAM CONSISTS OF:

- › Vice President of Operations
- › Executive Director
- › Medical Director
- › Clinical Director
- › Director of Nursing
- › Psychologists
- › Chief Marketing Officer
- › Board-Certified Addictionologist
- › Personal Recovery Coaches
- › Therapists
- › Nurses
- › Case Managers



All individual, educational, and group therapy sessions are facilitated by a minimum of a counselor assistant and supervised by a licensed, master's level therapist.

**We accept most major insurances.**



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212 Snyder Road, Donegal, Pennsylvania 15628  
833-330-5433  
[dreamliferecovery.com](http://dreamliferecovery.com)

